



# Providing Sterilization & Laboratory Services for the world's most innovative healthcare companies.

## From the Blog

### Medistri's EO Sterilization Technology: Advancing Patient Safety & Sustainability

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Since the 1960s, Ethylene Oxide (EO) has been a globally recognized method to sterilize medical devices and pharmaceutical products. Its effectiveness lies in its ability to penetrate breathable packaging and reach all product surfaces, ensuring the necessary Sterility Assurance Level (SAL).

As an alkylating agent, EO disrupts the metabolic and reproductive functions of microorganisms. This makes it highly effective against bacteria, viruses, and fungi, ensuring medical devices are safe for patient use worldwide.

#### Addressing Environmental & Safety Challenges

While EO remains essential for healthcare, its use requires careful attention to human safety and environmental responsibility. At Medistri, we believe that regulatory compliance is only a starting point. That's why we invest in systems that go beyond local and federal requirements, ensuring the health of our communities and future generations.

Our EO infrastructure is equipped with advanced, high-performance gas treatment technology. Using a two-step process, residual EO passes first through a Peak Shaver to reduce concentration, followed by a Catalytic Burner that eliminates the remaining gas. This system allows for an almost complete reduction of EO emissions, positioning Medistri as a leader in sustainable sterilization technology.

#### Our EO Sterilization Infrastructure

Medistri operates one of Europe's largest independent EO sterilization capacities:

- **Switzerland (Domdidier):** 6 sterilization chambers with capacity for loads up to 200 cm in height. This allows customers to maximize production load sizes and reduce costs. Our Swiss site currently processes more than 90,000 pallets annually.
- **Hungary (Székesfehérvár):** 1 sterilization chamber integrated within our second site, expanding Medistri's dual-site capabilities and ensuring greater resilience for our partners.

Together, these facilities position Medistri as a strategic partner able to provide both high capacity and cross-site flexibility for manufacturers across Europe.

#### Shaping the Future of EO Sterilization

At Medistri, innovation means continuously optimizing technologies, reducing environmental impact, and ensuring patient safety. By combining advanced emission control, smarter validation approaches, and large-scale infrastructure, we help our partners accelerate projects while meeting the highest standards of safety and sustainability.

Learn more about Medistri's EO Sterilization Technology on our website [here](#) or contact our team at [contact@medistri.com](mailto:contact@medistri.com).

— The Medistri Team



#### Smarter Validation Approaches

At Medistri, we are not only advancing EO sterilization technology, but also transforming the way sterilization cycles are validated. Traditional methods, while widely used, create unnecessary inefficiencies and environmental burdens. That's why we have implemented a more advanced and sustainable alternative: the Biological Indicator / Bioburden Approach.

#### Limitations of the Traditional Overkill Method

- Uses excessive EO gas, creating unnecessary emissions.
- Requires very long cycles — often 20+ hours with aeration.
- Increases production bottlenecks and delays product release.
- Drives higher operational costs across the supply chain.

#### The Medistri Solution: Biological Indicator/ Bioburden Approach

- Uses less EO gas, reducing residues and environmental impact.
- Shorter cycles allow faster product release.
- Sustainable approach aligned with modern industry needs.
- Reflects real manufacturing conditions and worst-case scenarios.
- May require more cycles initially, but delivers long-term efficiency and cost savings.

By adopting the Bioburden Approach, Medistri provides its partners with a validation strategy that is cleaner and more sustainable, while remaining fully compliant with ISO 11135. This approach reduces complexity for manufacturers, ensures patient safety, and represents a decisive step forward compared to the traditional Overkill method.